

5 しゅっさん こそだ 出産・子育て

(1) 妊娠・出産の流れ

▶ 子育てセンター 母子保健担当室 TEL : 047-366-5180

下記の手続きを行う場合は、本人・居住地の確認のため顔写真がついた証明書（マイナンバーカード、運転免許証、在留カード、特別永住者証明書等）をお持ちください。

手続き・申込み	時期	必要なもの・手続き	担当窓口	TEL
母子健康手帳①の交付	妊娠 6 週間ごろ以降、できるだけ早く	<input checked="" type="checkbox"/> 妊娠届出書（窓口で配布） <input checked="" type="checkbox"/> 本人確認書類（顔写真付き） <input checked="" type="checkbox"/> マイナンバーカード <input checked="" type="checkbox"/> 妊娠を確認できるもの	市役所、および各支所内の市民健康相談室	047-366-7489
妊婦健康診査	妊娠期間中 14 回	<input checked="" type="checkbox"/> 母子健康手帳 <input checked="" type="checkbox"/> 妊婦健診受診票（母子健康手帳と一緒に交付）	中央保健福祉センター 小金保健福祉センター 常盤平保健福祉センター	047-366-7489 047-346-5601 047-384-1333
妊婦歯科健康診査	妊娠期間中 1 回	<input checked="" type="checkbox"/> 母子健康手帳 <input checked="" type="checkbox"/> 妊婦歯科健診受診券（母子健康手帳と一緒に交付）		
ママパパ学級	妊娠 16 週～ 32 週の間 に 2 回（変更となる場合があります）	<input checked="" type="checkbox"/> 母子健康手帳 <input checked="" type="checkbox"/> 筆記用具 <input checked="" type="checkbox"/> テキスト（参加時に配布） <input checked="" type="checkbox"/> 2 回目のみバスタオル		
妊婦訪問	妊娠中	妊娠中で訪問を希望する方や必要な人に保健師や助産師等の専門職が家庭訪問し、健康相談を受けます。		
産婦健康診査	出産から 2 週間後と 1 か月後	<input checked="" type="checkbox"/> 母子健康手帳 <input checked="" type="checkbox"/> 産婦健康診査受診票（母子健康手帳と一緒に交付）		
出産育児一時金②支給の手続き	出産前	「直接支払制度合意書」に記入して、医療機関に提出	各医療機関	—
ご出産と入院（日本では、約 4 日間入院します）				
出生届の提出	子どもが生まれてから、出生日を含めて 14 日以内	<input checked="" type="checkbox"/> 出生届書（病院から交付） <input checked="" type="checkbox"/> 母子健康手帳 <input checked="" type="checkbox"/> 国民健康保険被保険者証（松戸市の国民健康保険に加入された人が該当します） <input checked="" type="checkbox"/> 印鑑 <input checked="" type="checkbox"/> その他（家庭状況に応じて）	市民課	047-366-7340
児童手当③申請	出生届と同時に	<input checked="" type="checkbox"/> 認定申請書又は額改定届（窓口で配布）※ <input checked="" type="checkbox"/> 請求者の金融機関の通帳コピー <input checked="" type="checkbox"/> その他（家庭状況に応じて）	子育て支援課 児童給付担当室 ※申請書等は市の	047-366-3127
子ども医療費助成④申請	出生届と同時に	<input checked="" type="checkbox"/> 子ども医療費助成申請書（窓口で配布）※ <input checked="" type="checkbox"/> 子どもの健康保険証のコピー（加入予定の保護者の健康保険証でも可能）	ホームページ「松戸市出産・子育ての申請書ダウンロード」から出力できます。	
出産育児一時金②支給の手続き	出産時	出産時に加入の健康保険へお問合せください。下記の人が対象です。	国民健康保険に加入の人は国保年金課	047-712-0141 (国民健康保険コールセンター)
			上記以外の方はご加入の健康保険組合	—



出産・子育て

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Pregnancy and Child Rearing

(1) Pregnancy Procedures and Checkups

▶ Children and Family Affairs Center -Mother & Child Health Office TEL: 047-366-5180

Photo identification, such as a My Number Card, a driver's license or a residence card, a Special Permanent Residence Certificate etc. is required in order to confirm your identity and residence.

Procedures /Applications	When	Required items and procedures	Office-in-charge	TEL		
Issuance of Maternal and Child Health Handbook ①	About 6 weeks after pregnancy	<input checked="" type="checkbox"/> Pregnancy Registration Form (available at the offices to the right) <input checked="" type="checkbox"/> Photo identification <input checked="" type="checkbox"/> My Number Card <input checked="" type="checkbox"/> Proof of pregnancy	Citizen Health Consulting Rooms in the City Hall and at branch offices	047-366-7489		
Expectant mother's medical checkup	14 times during pregnancy	<input checked="" type="checkbox"/> Maternal and Child Health Handbook <input checked="" type="checkbox"/> Checkup tickets (issued together with the Maternal and Child Health Handbook)	Chuo Health and Welfare Center Kogane Health and Welfare Center Tokiwadaira Health and Welfare Center	047-366-7489 047-346-5601 047-384-1333		
Expectant mother's dental checkup	Once during pregnancy	<input checked="" type="checkbox"/> Maternal and Child Health Handbook <input checked="" type="checkbox"/> Dental checkup tickets (issued together with the Maternal and Child Health Handbook)				
Mom-and-dad class	2 times (subject to change), between 16 weeks and 32 weeks of pregnancy	<input checked="" type="checkbox"/> Maternal and Child Health Handbook <input checked="" type="checkbox"/> Pen and notepad <input checked="" type="checkbox"/> Textbook (provided on site) <input checked="" type="checkbox"/> Bath towel (required only at the 2nd meeting)				
Maternal visitation	During pregnancy	After making an appointment by phone, a health nurse or a midwife will pay a home-visit for health counseling				
Postnatal medical checkup	Twice at 2 weeks and 1 month after giving birth	<input checked="" type="checkbox"/> Maternal and Child Health Handbook <input checked="" type="checkbox"/> Postnatal checkup tickets (issued together with the Maternal and Child Health Handbook)				
Processing for Lump-sum Birth Allowance ②	Before giving birth	Fill out the Agreement for the Direct Payment System form (<i>Chokusetsu Shiharai Seido Gouisho</i>), and turn it in to a medical institution			Please contact a medical institution	—
Hospitalization at child birth (approx. 4 days in Japan)						
Birth registration	Within 13 days after the birth of the child	<input checked="" type="checkbox"/> Birth Registration Form (issued from the medical institution) <input checked="" type="checkbox"/> Maternal and Child Health Handbook <input checked="" type="checkbox"/> National Health Insurance Card (if applicable) <input checked="" type="checkbox"/> Stamp seal <input checked="" type="checkbox"/> Other (depending on family situation)	Resident Administration Division	047-366-7340		
Application for the Child Allowance ③	When registering the birth of the child	<input checked="" type="checkbox"/> Application Form or Amount Modification Request Form (available at the counter & from HP, "syussan kosodate download") <input checked="" type="checkbox"/> Copy of bank book <input checked="" type="checkbox"/> Other (depending on family situation)	Family Assistance Division, Family Assistance Allowance Office	047-366-3127		
Application for the Children's Medical Expenses Subsidy ④	When registering the birth of the child	<input checked="" type="checkbox"/> Children's Medical Expenses Subsidy Application Form (available at the counter & from HP, "syussan kosodate download") <input checked="" type="checkbox"/> Copy of the child's or his/her parent's insurance card				
Processing for Lump-sum Birth Allowance ②	As soon as possible after the birth of the child	Please contact your insurance provider for details if any of the following applies; - Those who gave birth at a hospital in Japan and paid less than 420,000 yen - Those who did not use the Direct Payment System - Those who gave birth overseas	National Health Insurance and Pension Division (if the mother of the child is the participant)	047-712-0141 (Call Center)		
			Health Insurance Company (in cases other than above)	—		



手続き・申込み	時期	必要なもの・手続き	担当窓口	TEL
在留資格の取得	出生から 30 日以内	地方出入国在留管理官署にお問合せください。 (子どもが日本国籍でない場合)	地方出入国在留管理官署	—
本国政府への報告	出生から 30 日以内	大使館 / 領事館にお問合せください。(子どもが日本国籍でない場合)	大使館 / 領事館	—
特別永住許可申請	出生から 60 日以内	市民課にお問合せください。	市民課	047-366-7340

① 母子健康手帳

母子健康手帳とは、妊娠の経過、出産、乳幼児の健康診査、予防接種などを記録する、大事な手帳です。

② 出産育児一時金

出産にかかる費用が、国民健康保険もしくは勤務先で加入している健康保険から支払われる制度です。ただし、支給上限があります。

③ 児童手当

児童手当とは、子育てをする家計の負担を軽くし、児童の健やかな成長を支えるための手当で、中学校 3 年生までの児童を養育している家庭に支給されます。(所得制限有り)

④ 子ども医療費助成

子ども医療費助成とは、松戸市に住民登録がある高校 3 年生までの子どもの、通院・入院・調剤の医療費を助成する制度です。保険診療外の医療費(例：健診、予防接種等)など適用されない場合もあります。

(2) 乳幼児の健康

① 乳児家庭全戸訪問

生後 4 か月までの乳児がいるすべての家庭を、助産師・保健師が訪問して体重測定や健康相談をします。

② 乳幼児健康診査・相談

健康診査・相談	内容	健康診査・相談内容通知方法
新生児聴覚スクリーニング検査	生後 50 日以内の時期に出生した病院、または千葉県内の委託医療機関で受けてください。	母子健康手帳と一緒に受診票を交付
乳児健康診査	生後 3～4 か月、6～7 か月、9～10 か月の時期に市内の委託医療機関で受けてください。	生後 2 か月になる月の中旬に、個人に通知
乳児股関節健診	生後 3～4 か月の時期に、市内の委託医療機関で受けてください。	生後 2 か月になる月の中旬に、個人に通知
育児相談	乳幼児の健康相談、子育ての相談などを個別で受けています。	随時(各保健福祉センター・本庁・各支所の市民健康相談室)
赤ちゃん教室	おおむね 1 歳までの乳児と保護者を対象に、健康・離乳食・歯のことなどの情報提供や個別相談等を行います。	随時(参加申込みは各保健福祉センターまで)
離乳食教室	生後 4 か月～5 か月の赤ちゃん(第 1 子)の保護者を対象に、栄養士が離乳食の進め方や作り方を話しします。	随時(参加申込みは各保健福祉センターまで)
1 歳 6 か月児健康診査	1 歳 6 か月児を対象に健康診査を行います。育児・栄養・むし歯予防についての相談も行います。	生後 1 歳 6 か月になる月の中旬に、個人に通知
わんぱく歯科くらぶ	2 歳 2 か月～3 歳 5 か月までの時期にむし歯予防教室を行っています。	1 歳 6 か月児健康診査時に申し込みの案内をしています。
3 歳児健康診査	3 歳 6 か月児を対象に健康診査を行います。育児・栄養・むし歯予防についての相談も行います。	生後 3 歳 5 か月になる月の中旬に、個人に通知



Procedures/ Applications	When	Required items and procedures	Office in charge	TEL
Visa registration	Within 30 days after the birth of the child	Please contact the Immigration Services Agency of Japan in your area (if the child's nationality is other than Japanese)	District Immigration Services Office	—
Registering for the country of the child's nationality	Within 30 days after the birth of the child	Please contact the relevant embassy/consulate (if the child's nationality is other than Japanese)	Embassy/Consulate	—
Application for Special Permanent Residence	Within 60 days after the birth of the child	Please contact Matsudo City Resident Administration Division	Resident Administration Division	047-366-7340

① Maternal and Child Health Handbook (*Boshi Techo*)

The Maternal and Child Health Handbook is a booklet containing important information regarding safe pregnancy, delivery, infant/children's health checkups and vaccinations, etc.

② Lump-sum Birth Allowance (*Shussan Ikuji Ichiji-kin*)

The Lump-sum Birth Allowance is a grant system to help cover childbirth expenses. The maximum amount covered by the allowance varies depending on your insurance, but it is paid by either National Health Insurance or by Corporate Health Insurance.

③ Child Allowance (*Jido Te-ate*)

The Child Allowance System aims to ease the financial burden of households with children below 16 years of age, and to promote their healthy growth. (There is an income limit)

④ Children's Medical Expenses Subsidy (*Kodomo Iryo-hi Josei*)

The Children's Medical Expenses Subsidy reduces the medical expenses incurred by Matsudo citizens below 19 years of age during hospital visits, hospitalizations, and for prescribed medications. Please be aware that there are medical expenses that are not covered by this system (e.g. medical treatments that are not covered under insurance, such as checkups and vaccinations, etc.).

(2) Infant Health

① Newborn visitations

A home visit by a health nurse or midwife, for the purposes of health counseling and weight measurements, etc. to all households in Matsudo City with infants ages 4 months and below.

② Infant medical checkups and consultation

Checkups & Consultation	Description	Letter of Notice and Application
Newborn hearing screening	The newborn baby is to receive the checkup at designated medical institutions within Chiba Prefecture or at the hospital where the baby was born within 50 days after the baby's birth.	A checkup ticket is issued together with the Maternal and Child Health Handbook
Infant medical checkups	The infant is to receive an individual checkup at designated medical institutions within Matsudo City at 3-4 months, 6-7 months, and 9-10 months old.	Checkup tickets will be mailed to each household around the time that the child will turn 2 months old.
Infant hip joint examination	The infant is to receive a personal hip joint examination at designated medical institutions within Matsudo City at 3-4 months of age.	Checkup tickets will be mailed to each household around the time that the child will turn 2 months old.
Child rearing consultation	A personal consultation for maternal & child health, and caring for children, etc.	Anytime at Citizen Health Consulting Rooms in Health and Welfare Centers across the City, the City Hall, and at branch offices.
Baby care class	Open to parents and children under about 1-year of age, and provides information regarding baby health, food and teeth, etc. and offers individual consultations, etc.	Anytime (Contact a Health and Welfare Center to register)
Baby food classes	For parents whose first child is between 4 to 5 months old, a nutritionist will talk about how to wean infants and prepare baby food.	Anytime (Contact a Health and Welfare Center to register)
18-month checkup	Children 18-months of age should participate in a group health checkup. Consultations for childcare, nutrition, and cavity prevention will also be provided.	The notification letter will be mailed to each household sometime around when the child turns 18-months old.
Wanpaku Dental Club	Classes regarding tooth-decay prevention are provided for children from 2 years and 2 months to 3 years and 5 months old.	Application is accepted at the time of the 18-month checkup.
3-year checkup	The 3-year, 6-months old children are to participate in a group health checkup. Consultations for childcare, nutrition, and cavity prevention will also be provided.	The notification letter will be mailed to each household sometime around when the child turns 3-years and 5-months old.



③ 予防接種

▶ 予防衛生課 TEL: 047-366-7483

乳幼児期に受ける定期予防接種の予診票（無料券）が冊子になった「定期予防接種ガイドブック」をお渡します。出生届または転居届を提出後、市民健康相談室にて申込みをしてください。海外で受けたことがある方は、その予防接種記録を持参してください。松戸市では、おたふくかぜ任意予防接種の費用助成も行っています。

予防接種名	対象年齢と接種回数	備考
ロタウイルス感染症	ロタリクス 出生6週0日から24週0日まで (2回経口接種) ロタテック 出生6週0日から32週0日まで (3回経口接種)	<ul style="list-style-type: none"> ● 個別接種のため委託医療機関で実施します。 ● 幼児・学童期に受けるものは、対象年齢になったときに個人通知します。 ※ 1：小学校就学前年度4月に個別通知 ※ 2：9歳誕生日前月に個別通知 ※ 3：小学6年生の4月に個別通知 ※ 4：小学6年生の4月に個別通知 ● 定期予防接種を受けるには住民確認が必要です。 ● 定期予防接種を受ける際「予防接種番号」が必要です。電話で申込みいただき、住民登録のある居住地へ郵送されます。
B型肝炎	1歳未満 (3回接種)	
Hib (ヒブ) 感染症	生後2か月～5歳未満 (4回接種)	
小児の肺炎球菌感染症		
DPT-IPV (ジフテリア・百日せき・破傷風・不活化ポリオ混合)	生後2か月～7歳6か月未満 (4回接種)	
BCG	1歳未満 (1回経皮接種)	
MR (麻疹・風疹混合)	第1期：1歳～2歳未満 (1回接種) 第2期：5歳以上7歳未満で小学校就学前年度 <u>4/1から3/31までの1年間</u> (1回接種) ※ 1	
水痘 (水ぼうそう)	1歳～3歳未満 (2回接種)	
日本脳炎	第1期：生後6か月～7歳6か月未満 (3回接種) 第2期：9歳～13歳未満 (1回接種) ※ 2	
DT (ジフテリア・破傷風混合)	第2期：11歳～13歳未満 (1回接種) ※ 3	
ヒトパピローマウイルス (子宮頸がん)	小学6年～高校1年生に相当する年齢の女性 (3回接種) ※ 4	

(3) 子育て支援

① 出産直後のサポート

産後ケア事業 (宿泊型・日帰り型・訪問型)	出産後、十分な育児の援助が受けられない場合、赤ちゃんが生後4か月未満まで産後のお母さんと赤ちゃんの心と体のケアや育児サポートをします。	こども家庭センター 母子保健担当室	TEL: 047-366-7489
出生直後の援助	生後4か月未満の新生児がいるご家庭は、会員として登録 (有料) することで、派遣された提携会員から簡単な調理やおむつ替えなどの援助を受けることができます。	まつどファミリー・サポート・センター	TEL: 047-330-2941



③ Vaccination

▶ Preventative Health Division TEL: 047-366-7483

A booklet of vaccination screening questionnaires (free vouchers) for infants, the “Guidebook for Periodic Vaccinations”, will be provided. Please visit the Citizen Health Consulting Room after filing out the Birth Registration or moving-in notification in order to apply for the issuance of the booklet. Please bring a record of any vaccinations your child has received abroad before moving to Matsudo. Matsudo City also provides subsidies for voluntary mumps vaccination.

Vaccinations	Subject Age and Number of Innoculations	Note
Rotavirus	Rotarix: Between 6 weeks and 0 day - 24 weeks and 0 days of age (2 oral vaccinations) RotaTaq: Between 6 weeks and 0 day - 32 weeks and 0 days of age (3 oral vaccinations)	<ul style="list-style-type: none"> ● Please receive each vaccination individually at the designated medical institution. ● For vaccinations aimed at infants and school-aged children, individual households will be notified around the time their children turn the target age. ※ 1 : Notification is mailed individually in April of the year prior to enrollment in elementary school. ※ 2 : Notification is mailed individually in the month before the child's 9th birthday. ※ 3 : Notification is mailed individually in April of the child's 6th grade year. ※ 4 : Notification is mailed individually in April of the child's 6th grade year. ● Residential registration is required for receiving periodic vaccinations. ● The “Vaccination Number” is required to receive periodic vaccinations. Apply by phone to receive it by mail to your registered address.
Hepatitis B	Until 1 year of age (3 times)	
Hib vaccine	Between 2 months and 5 years of age (4 times)	
Pediatric pneumococcal		
DPT-IPV (Diphtheria-Tetanus-Per-tussis & Inactivated Polio Virus)	2 months - 7 years/6 months of age (4 times)	
BCG	Below 1 year of age (1 transdermal vaccination absorbed through skin)	
MR (Measles-Rubella)	1st stage: Between 1-2 years of age (1 time) 2nd stage: Between 5-7 years of age (within the year between April 1 and March 31 before entering elementary school) (1 time) ※ 1	
Chicken pox	Between 1-3 years of age (2 times)	
Japanese encephalitis	1st stage: 6 months - 7 years/6 months of age (3 times) 2nd stage: Between 9-13 years of age (1 time) ※ 2	
DT (Diphtheria-Tetanus)	2nd stage: Between 11-13 years of age (1 time) ※ 3	
Human papillomavirus (Cervical cancer)	Females between 6th grade and 10th grade (approx. 13-17 years of age) (3 times) ※ 4	

(3) Childcare Support

① Postpartum Support

Postpartum Care Services (Overnight Stays • Day Stays • Visits)	If you are unable to secure enough support for postpartum childcare until the baby is 4 months old, support is offered to help the child's and mother's mental and physical well-being.	Children and Family Affairs Center - Mother and Child Health Office	TEL : 047-366-7489
Postpartum Support	Postpartum Support For households with a newborn child less than 4 months of age, if you register (with a fee) to be an associate member, a support member can be sent to your home to help with simple chores, like cooking and changing diapers.	Matsudo Family Support Center	TEL : 047-330-2941



② 子どもが通う施設

公立保育所・民間保育園・小規模保育事業・認定こども園	保護者の就労などの理由で、家庭で保育のできない保護者に代わって就学前のお子様を保育する施設です。	保育課	TEL : 047-366-7351
私立幼稚園	主に3歳から小学校就学前のお子さんが通う教育施設です。 入園手続きや、入園料・利用料などについては各幼稚園にお問合せください。 施設等利用給付認定（幼児教育無償化）手続きなど、制度に関することについては幼児教育課までお問合せください。	幼児教育課	TEL : 047-701-5126

③ 子育てサポート

一時預かり	一時預かりには一時利用と定期利用があります。詳しくはお問合せください。	保育課	TEL : 047-366-7351
ファミリー・サポート・センター	生後4か月から小学校6年生までのお子様がいらっしゃるご家庭は、会員として登録（有料）することで、派遣された提供会員から、保育や送迎などの支援を受けることができます。	まつどファミリー・サポート・センター	TEL : 047-330-2941
こどもショートステイ	保護者が疾病・出産などにより、家庭での育児が困難なときに、満1歳以上の子どもを一時的に預けることができます。	こども家庭センター	TEL : 047-366-3941
放課後 KIDS ルーム	図書室などの学校施設を活用して、小学生が放課後等に学習や体験活動ができる場所です。		
放課後児童クラブ	保護者が仕事などの理由で昼間家庭にいない小学生を放課後等にお預かりします。		
おやこ DE 広場 / 子育て支援センター	市内20か所のおやこ DE 広場と、8か所の子育て支援センターでは、親子で遊ぶ、仲間作り、育児相談などもできます。	子育て支援課	TEL : 047-366-7347
ほっとる一む等の一時預かり	通院や買い物に行く場合のような「ちょっとだけ子どもを預けたい」時に、4時間まで子どもを預けることができます。		
病児・病後児保育	病気の時や病気回復時のため、保育園に行けない子や家庭保育が困難な子を預けることができます。		

④ 子育て・家庭相談

相談内容	相談先	TEL
	中央保健福祉センター	047-366-7489
母子の健康・栄養・歯科保健や育児	小金保健福祉センター	047-346-5601
	常盤平保健福祉センター	047-384-1333
子どもの心身の発達	こども発達センター	047-383-8111



② Facilities for Children

Public/Private/Small-scale Nursery Schools • Centers for Early Childhood Education and Care	These are facilities for preschool children who require childcare during the daytime because of the parents'/guardians' employment situation, etc.	Childcare Division	TEL : 047-366-7351
Private Kindergartens	These are education facilities designed for children between about 3 years old and elementary school ages. To learn more about private kindergartens, including how to apply, admission and usage fees, etc., please directly inquire at any kindergartens you are interested in. Please contact the Early Childhood Education Div. for more information about the free early-childhood education system, as well as the procedures for obtaining a "Benefit for the Use of Childcare Facility" certification.	Early Childhood Education Division	TEL : 047-701-5126

③ Childcare Support

Temporary Childcare	There are one-time and regular temporary childcare services available for families who need their child watched for a brief time.	Childcare Division	TEL : 047-366-7351
Family Support Center	For households with a child older than 4 months of age but not yet in junior high school, if you register (with a fee) to be an associate member, a support member can be sent to your home to help with chores, childcare, and transportation for your child between (nursery) school and home.	Matsudo Family Support Center	TEL : 047-330-2941
Short Stays for Children	In cases where a parent/guardian is hospitalized or has just given birth etc., and thus their children face difficulties living at home, this system can take care of your child aged 1 year and over for a brief time.	Children and Family Affairs Center	TEL : 047-366-3941
Afterschool KIDS Rooms	Afterschool KIDS Room is a place where elementary school students can study and participate in activities after school, etc. using school facilities such as the library, etc.	Family Assistance Division	TEL : 047-366-7347
Afterschool Kids Clubs	For parents/guardians who are not home during the daytime due to their work, etc., these clubs take care of your child after school has been dismissed.		
Public Indoor Play Areas (Oyako-DE-Hiroba)/ Child Support Center	There are 20 public play spaces and 8 parenting support centers within the city, where parents and children can play safely, bond with other families, or consult with childcare experts.		
"Hotto-Rooms" Short-term Childcare	For those times when you have a doctor's appointment, need to go shopping, or simply want someone to watch your child for a short time, this service can take care of your child for up to 4 hours.		
Childcare for a Sick/ Recovering Child	In the event that your child cannot attend a childcare center due to illness or recovery from an illness (and home care is too inconvenient), this service can take care of your child in the meantime.		

④ Childcare and Household Consultations

Consultation Topics	Point of Contact	TEL
Mother/child health • Nutrition • Dental health and childcare	Chuo Health and Welfare Center	047-366-7489
	Kogane Health and Welfare Center	047-346-5601
	Tokiwadaira Health and Welfare Center	047-384-1333
Child's mental and physical development	Development Support Center	047-383-8111

